

**Ajax-Pickering Ringette Associations**  
**2010 Try – Outs**

First Try-Out: "AA" 1 Hour

- All players intending to play Provincial A or AA **must** attend
- Format
  - 10 min - basic skating drills to identify speed, power, agility (see attached drill plans)
  - 10 min - basic ring drills to identify shooters, ring control, shielding
  - 30 min - 5v5 scrimmage
- 20 athletes will be selected to return to second try out (Min 18 skaters and 2 goaltenders). **Only players being invited to the second try out will receive a telephone call.** All other athletes to return to third try out.

Second Try-Out: "AA" 1.5 Hours

- **Invitation only**
- Format
  - 15 min – skating races/ relays – run in heats
  - 15 min – shooting/ ring control
  - 30 min – 5v5 scrimmage
  - 20 min – 3v3 scrimmage
- Final cuts are to be made via telephone calls. Coaching coordinators to assist with calls if required. Team Roster will be posted to website within 24 hours (location to be determined)\*\*

Third Try-Out: "A" 1 Hour

- Format
  - 10 min – skating
  - 10 min – shooting/ ring control
  - 30 min – 5v5 scrimmage
- Final Team Roster will be posted to website within 24 hours to allow coaches opportunity to call players and obtain verbal commitment.

Fourth Try-Out: If required to seed more than one regional team - 1 Hour

- **All applicants/ evaluators to determine the caliber of teams**
- Remaining players to attend for evaluation
- Format
  - 10 min – skating
  - 10 min – shooting
  - 30 min – 5v5 scrimmage
- Final Team Roster will be posted to website within 24 hours (location to be determined)

## Coach Selection Process

All coaches must have their children independently evaluated prior to selection. The coaches are selected by the Coaching Coordinators and Committee after the first try outs and announced at the second try out for AA, third try-out for A and Regional, if known.

## Player Selection Process

All players will be evaluated using a holistic marking scheme by a group of independent evaluators in addition to ALL coaching applicants. Final team selection will be via deliberations in the presence of all evaluators, and moderated by an APRA Executive Member *who did not evaluate the try-out*.

There may be no less than 3 Independent evaluators and not less than 5 evaluators total including coaching staff and all evaluation records will be kept for reference.

### Evaluator Criteria:

#### Independent Evaluators:

- Must be qualified to coach or have experience coaching the caliber being evaluated
- May not have a child playing at the age group being evaluated

#### Coaching Applicants:

- Coaching applicants may not evaluate their own child. Coach's children will be evaluated on the first try-out before coaches are selected and announced

#### Executive Moderators

- The APRA Executive Moderators are responsible for ensuring fair execution of process and keeping the discussions on track
- To ensure the executive moderators are completely free from bias, the executive member must not have witnessed the try-out or have a child playing at the age group being discussed

## Miscellaneous

### Out of Town Athletes:

- All out of town players must be accompanied by a signed release to skate at the first try-out to be permitted on the ice
- In order to provide the most possible positions for local talent, out of town players must be deemed a significant enhancement to the roster in order to be offered a position on our team (i.e. an out of town player ranking on the bottom half of the team may not be offered a position displacing a local athlete).
- All offers to play for out of town players are conditional on providing a signed release within a reasonable timeframe.
- It is the responsibility of the out of town player to obtain releases from all pertinent parties in compliance with ORA guidelines.

### Payment Policy:

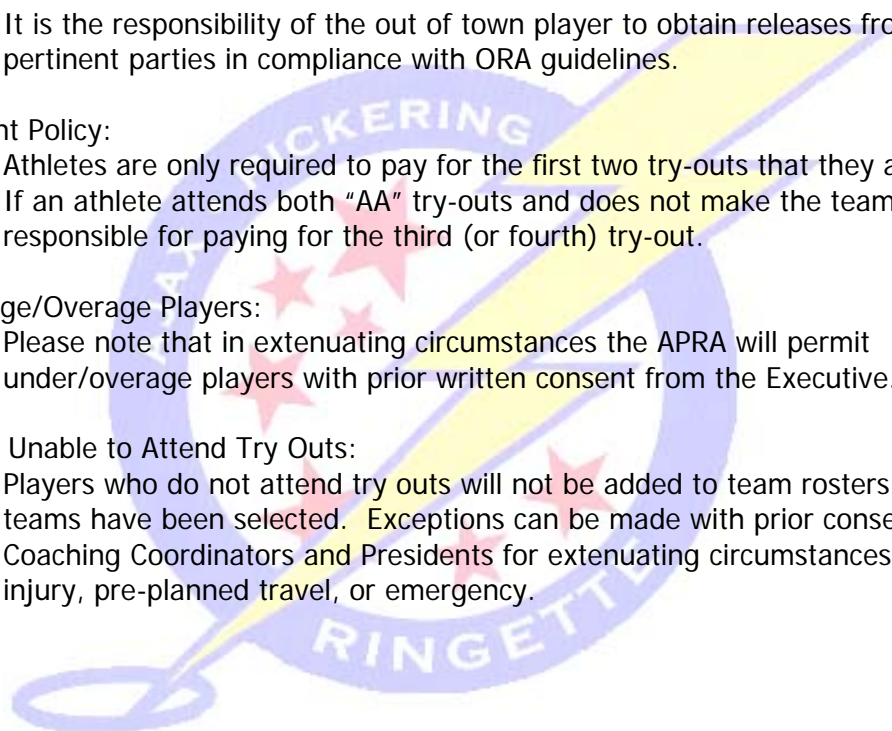
- Athletes are only required to pay for the first two try-outs that they attend. I.e. If an athlete attends both "AA" try-outs and does not make the team, she is not responsible for paying for the third (or fourth) try-out.

### Underage/Overage Players:

- Please note that in extenuating circumstances the APRA will permit under/overage players with prior written consent from the Executive.

### Players Unable to Attend Try Outs:

- Players who do not attend try outs will not be added to team rosters after the teams have been selected. Exceptions can be made with prior consent from the Coaching Coordinators and Presidents for extenuating circumstances such as injury, pre-planned travel, or emergency.



### Frequently Asked Questions:

- **I played regional last year but want to try to make the Provincial “A” team. I am NOT a “AA” player and have not played Provincial Ringette before. Do I need to go to the “AA” try out?**
  - No. Please attend the A try out.
- **I played regional last year and want to play regional again this year. Which try-outs do I need to attend?**
  - You are only required to attend the third try-out. If there will be more than one regional team, a fourth try-out may be required.
- **I played “A” last year and want to play on an “A” team next year, do I have to attend the “AA” try-out?**
  - Yes. In order to be evaluated for the Provincial A team you must attend the first try-out.
- **I went to the first try-out. Now what?**
  - Expect to attend the third try out unless you are called by the “AA” coach instructing you otherwise. Only contacted players are to attend the second try-out.
- **How do I know if I made the “AA” team?**
  - If you attended the first try-out but were NOT contacted by the coach, you were not one of the selected players for the “AA” team. If you were contacted to return to the second try out, you can check the Ajax or Pickering websites for the team roster to be posted within 24 hours of the second try-out.
- **I did not make the “AA” team. Now what?**
  - You may attend the third try-out for the “A” team. If you paid for and attended the second try-out for the “AA” team, you do not need to pay for the third try-out.
- **I am attending my third try-out tonight, do I need to pay?**
  - No. You are only required to pay for your first two try-outs. Any subsequent try-outs will be covered by the association.
- **I am attending my third APRA try-out, but it’s for a different age group, do I still have to pay?**
  - Yes. Only the third and fourth try-outs per age division are covered by the APRA. Please note that prior written approval from the APRA Executive is required to skate for a different age group.